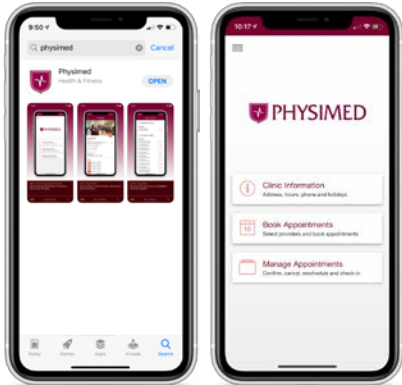


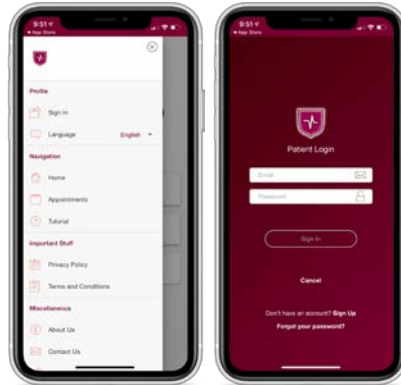
# How to use the **Physimed** App from your smartphone to book your appointment



## Step 1 (Download the App)

Download and install the **Physimed** App from the [App Store](#) or [Google Play](#).

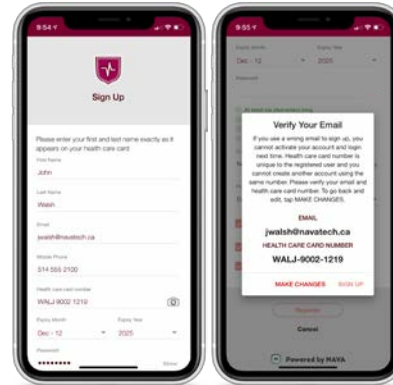
From the **home screen** you can **book and manage your appointments**.



## Step 2 (Sign in)

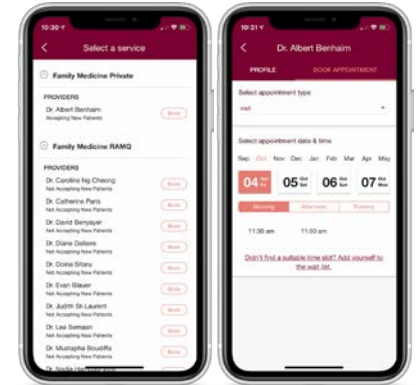
Tap the **menu icon** from the home screen on the upper left hand corner then tap **sign in**.

If you don't have an account, you can tap **sign up** from the login screen to create your account.



## Step 3 (Sign up)

Follow the instructions to **sign up**. Ensure that **your email** and **Québec Medicare Card Number** were entered correctly. You will be asked to **verify** your **mobile number** and **email** after you sign up.



## Step 4 (Book Appointment)

To book an appointment, **browse our services** and tap "**Book**" to **select the appointment type**, preferred **date** and **session** to **access the available time slots**.

**Book your appointment.**

Once the appointment is booked, you can **sign in to confirm**, **cancel or reschedule** your appointments.

You will get confirmations of your appointment by Email, Text, and Physimed App.