Registration with a family physician
NEW DIRECTIVES

Services de santé

BE SURE TO COMPLETE THE HIGHLIGHTED PLACES.

Identification du patient (étiquette)

1. ACTUAL SITUATION

In Québec, obtaining access to a family physician has become more and more difficult, if not impossible. In Montréal, in the recent years, several dozen medical clinics in key regions have unfortunately had to close all activities.

As a result, many patients have found themselves in a situation without a family physician and have thus been constrained to rely on existing medical clinics such as ours.

Considering the tremendous growth of our clientele and still maintaining the objective of improving the quality of our services offered, Physimed has responded by increasing our team of health care professionals. We have also put into place, administrative procedures that will facilitate the accessibility of medical care for our patients.

2. NEW ADMINISTRATIVE PROCEDURES

Physomed’s philosophy has always emphasized the important role of the family physician in the well being of our patients. Today, we are asking each patient who chooses to consult our clinic to voluntarily register with one of our general practitioners who will then become your appointed family physician.

3. ADVANTAGES OF REGISTERING WITH ONE OF PHYSIMED’S FAMILY PHYSICIANS

- To secure your own family physician;
- To ensure that you have a complete periodically medical check up with your own family physician;
- To be able to quickly make an appointment with your family physician;
- To centralize your medical history within one medical file.

Please note that registering with a family physician is free of charge.

4. THE ROLE OF THE FAMILY PHYSICIAN

Your family physician will take on the role as conductor of your health and will follow the evolution of your general state. To do so, your family physician must know you medically and must evaluate you periodically within the context of a medical check up to ensure your global health status.
Your family physician will also be more available to meet his/her registered patients, thus providing shorter delays in scheduling appointments and less waiting time. In case you have an emergency and you cannot obtain an appointment with your family physician as quickly as needed, you can always present yourself at our walk-in-clinic without an appointment and see the physician that is on call that day. Please note that the physician on call will have direct access to your medical file and will be able to update your family physician, when necessary.

5. WHAT IS A COMPLETE MEDICAL CHECK UP?

A complete medical check up is a medical exam for which we recommend to the majority of the population to have periodically. During the complete medical check up, you will undergo a series of tests according to your needs, such as the following:

- complete medical examination with your family physician;
- blood tests *
- urine tests *
- mammogram;
- electrocardiogram (at rest and stress test – treadmill) *
- physical fitness evaluation *
- hearing test *
- respiratory test *
- visual exam *
- sleep apnea screening*
- screening for colon cancer*
- Etc.

Other services can be offered at the request of the patient or family physician, for example, a consultation with a psychologist, a dietician, a physiotherapist, an ergotherapist, etc.

The duration of a complete medical check up is approximately 1 hour and a half to 4 hours, depending on the exams required. For patients who want to pass their tests at Physimed, the medical check up is usually done in the morning because patients should be fasting for laboratory tests.

Please note that all medical consultations are covered under medicare. Supplementary fees may be added if your family physician recommends that you take other tests not covered by medicare, which are indicated with an asterisk (*). If you have insurance, these fees may be reimbursed in part or completely.

Moreover, whatever tests are prescribed by a doctor from Physimed, we remind you that you can have the tests done at our clinic, incurring a fee if the tests are not covered by the RAMQ, or have the tests done elsewhere, for example as in the public network, and this, at your discretion. You are not obliged to have the tests done at our clinic.

Please note that a limited number of patients may register per family physician.
6. HOW TO MAKE AN APPOINTMENT FOR A COMPLETE MEDICAL CHECK UP?
To make an appointment, please contact our coordinator for a complete medical checkup at 514 747-8083.

7. IS IT OBLIGATORY TO REGISTER WITH A PHYSIMED FAMILY PHYSICIAN?
No. Even if you are not registered with a Physimed family physician, you can always consult our walk-in-clinic without an appointment whereby the waiting time may vary unpredictably. On the other hand, if you want to make an appointment with a general physician in particular, the delays can be much longer, if not impossible, since **registered patients will have priority** with that family physician.

8. HOW TO REGISTER WITH A PHYSIMED FAMILY PHYSICIAN?
Do you want a Physimed physician to become your family physician?
- [ ] Yes
- [ ] No (Go directly to number 9.)

If you know certain physicians at Physimed and you wish that one of them would become your family physician, please indicate his/her name below. Considering the limited number of patients that one family physician may accept, please indicate two choices and we will do our best to accommodate you.

<table>
<thead>
<tr>
<th>Physician</th>
<th>1st choice</th>
<th>2nd choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANGHEL, TIBERIU</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ASSAYAG, RAPHAEL</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BLAUSER, EVEN</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BOUDIFFA, MUSTAPHA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>D'ALLAIRE, DIANE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LE, QUAN TIEN</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MACHADO, RICARDO</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NG CHEONG, CAROLINE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SHEMESH, TZALY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SHI, GE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ST-LAURENT, JUDITH</td>
<td></td>
<td></td>
</tr>
<tr>
<td>THAI, MINH-THU</td>
<td></td>
<td></td>
</tr>
<tr>
<td>VITRÉ, NADIA</td>
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</tbody>
</table>

On the other hand, if you do not know any of our physicians in particular, or we cannot accommodate you among your two choices, it would be our pleasure to assign one for you. As well, please indicate your preferences:

<table>
<thead>
<tr>
<th>Physician gender</th>
<th>[ ] Male</th>
<th>[ ] Female</th>
<th>[ ] No importance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language spoken with physician</td>
<td>[ ] French</td>
<td>[ ] English</td>
<td>[ ] No importance</td>
</tr>
</tbody>
</table>

Please note that in the event the departure of your family doctor, we do our best to assign you a place with another doctor at Physimed.
### 9. WHAT ARE THE OPENING HOURS?

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday to Thursday</td>
<td>7 am to 9 pm</td>
</tr>
<tr>
<td>Friday</td>
<td>7 am to 7 pm</td>
</tr>
<tr>
<td>Saturday, Sunday and holidays</td>
<td>9 am to 5 pm</td>
</tr>
</tbody>
</table>

### 10. WHAT ARE THE SERVICES OFFERED AT THE PHYSIMED CLINIC?

- Family medicine
- Consultations with specialists
- Laboratory
- Radiology
- Imaging (MRI, ultrasound, CT Scan)
- Physiotherapy
- Ergotherapy
- Massotherapy
- Nutritional center
- Physical fitness evaluation
- Minor surgery
- Psychology
- Traveler’s Clinic
- Dental Clinic
- Pharmacy
- Other

### 11. E-MAIL ADDRESS

To further better communication, more efficiently and quickly between the registered patients and the clinic, we ask for your consent to inform you by email of all medical information such as tests results, a confirmation/modification/cancellation of an appointment, an annual reminder for your medical check-up, newsletter or any other communications.

By signing, I agree to receive emails from Physimed for the reasons mentioned above.

<table>
<thead>
<tr>
<th>Signature of the patient</th>
<th>Date</th>
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</thead>
</table>

E-mail:

|                      |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |

### 12. SIGNATURE

At the present, I ______________________________, certify to have understood this document.

Signature of the patient
Registration With a Family Doctor

Before you get started, please read this important information.

1. a) INFORMATION ON THE FAMILY DOCTOR

2. INFORMATION ON THE INSURED PERSON

3. CHARACTERISTICS

4. STATEMENT BY INSURED PERSON

5. SECTION TO BE COMPLETED BY THE REPRESENTATIVE OF THE INSURED PERSON WHO IS UNDER AGE 14 OR INCAPACITATED

6. CONSENT TO ACCESS AND TRANSMIT PERSONAL INFORMATION

7. STATEMENT BY FAMILY DOCTOR

Note — Your first and last names and your Health Insurance Number are sent to the Régie de l'assurance-maladie du Québec for the purpose of applying the Health Insurance Act.

EACH SIGNING PARTY KEEPS ONE COPY.
IMPORTANT — Do not send the paper version of the registration form to the Régie. Fill out one form only per person (in block letters).

Registration with a family doctor affiliated with a family medicine group

1) Fill out sections 1. a) and 1. b).
2) Fill out the appropriate sections, according to the situation of the insured person (sections 2, 3 and 5).
3) Have the insured person sign the form (section 4).
4) If the insured person or, if applicable, the person's representative authorizes it, also have section 6 signed. However, only the person holding legal authority may sign on behalf of the insured person who is under age 14 or incapacitated. A representative acting as an accompanying person is not authorized to sign this section. Consent to the access and transmission of personal information is not necessary in order to register with a family medicine group.
5) Have the family doctor sign the form (section 7).
6) Give one copy of the signed form to the registered person or, where applicable, to the person's representative and keep the original copy in the insured person's file.
7) Give one copy of the Registration With a Family Doctor form (No. 4107) to the registered person or to the person's representative.
8) Give the Information on Family Medicine Groups form (No. 4095) to the registered person or, if applicable, to the person's representative.
9) Transmit the registration via the online service made available to you by the Régie.

Registration with a family doctor not affiliated with a family medicine group

1) Fill out sections 1. a).
2) Fill out the appropriate sections, according to the situation of the insured person (sections 2, 3 and 5).
3) Have the insured person sign the form (section 4).
4) If the insured person or, where applicable, the person's representative authorizes it, also have section 6 signed. However, only the person holding legal authority may sign on behalf of the insured person who is under age 14 or incapacitated. A representative acting as an accompanying person is not authorized to sign this section. Consent to the access and transmission of personal information is not necessary in order to be registered with a family doctor.
5) Have the family doctor sign the form (section 7).
6) Give one copy of the signed form to the registered person or, where applicable, to the person's representative and keep the original copy in the insured person's file.
7) Give one copy of the Registration With a Family Doctor form (No. 4107) to the registered person or to the person's representative.
8) Transmit the registration via the online service made available to you by the Régie or via Régie-approved registration software.

The Régie does not accept any registrations submitted by telephone, fax or mail.